



# **RUNNYMEDE FIRE & SAFETY**

## **FIRE - SAFETY - TRAINING**

### **HLTAID003 Provide First Aid**

#### **STUDENT INFORMATION**

##### **Award issued**

- HLTAID003 Provide first aid.
- HLTAID002 Provide basic emergency life support.
- HLTAID001 Provide cardiopulmonary resuscitation.

It is recommended this unit be renewed every 36 months in line with industry standards. Locate the most current training package at [training.gov.au](http://training.gov.au)

##### **Our obligation to you**

We are required to provide clear evidence to enable you to decide if this course is suitable for you. This course teaches the skills and knowledge required to provide a first aid response to someone who is injured or ill. It applies to all workers who may be required to provide a first aid response in a range of situations, including community and workplace settings.

There are also specific industries that require additional training such as childcare workers, school teachers, and other industries.

##### **Are there physical requirements for this course?**

It is important to note that there are physical standards which relate to the level of performance required when undertaking accredited training. The HLTAID competency standards require a level of physical ability to provide first aid and respond to an emergency situation where there may be a risk to life. One requirement of the training package is that you are to be assessed as physically capable of performing uninterrupted CPR for at least 2 minutes on an adult resuscitation manikin placed on the floor. There can be no exceptions to these Australian Government requirements that are clearly written into the Training Package. Therefore, students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued with a statement of attainment, even if the qualification is a necessary part of their employment conditions.

## **ASSESSMENT – THEORY – Multi choice question paper**

**You will be assessed on:**

**State/Territory regulations, first aid codes of practice and workplace procedures:**

- ARC Guidelines relevant to the provision of CPR.
- Safe work practices to minimise risks and potential hazards.
- Infection control principles and procedures, including the use of standard precautions.
- Requirements for the currency of skill and knowledge.

**Legal, workplace and community considerations:**

- Awareness of the potential need for stress-management techniques and available support following an emergency situation.
- Duty of care requirements.
- Respectful behaviour towards a casualty.
- Own skills and limitations.
- Privacy and confidentiality requirements.
- Importance of debriefing.

**Considerations when providing CPR:**

- Airway obstruction due to body position.
- Appropriate duration and cessation of CPR.
- Appropriate use of an AED.
- Chain of survival.
- Standard precautions.
- How to conduct a visual and verbal assessment of the casualty.

**Principles and procedures for first-aid management of the following scenarios:**

- Abdominal injuries.
- Allergic reaction.
- Anaphylaxis.
- Basic care of the wound.
- Bleeding control.
- Burns.
- Cardiac conditions, including chest pain.
- Choking and airway obstruction.
- Crush injuries.
- Diabetes.

- Dislocations.
- Drowning.
- Envenomation.
- Environment impact, including hypothermia, hyperthermia, dehydration, and heatstroke.
- Eye and ear injuries.
- Fractures.
- Febrile convulsions.
- Head, neck and spinal injuries.
- Minor skin injuries.
- Needle stick injuries.
- Poisoning and toxic substances.
- Respiratory distress, including asthma.
- Seizures, including epilepsy.
- Shock.
- Soft tissue injuries, including strains and sprains.
- Stroke.
- Unconsciousness.

### **Basic anatomy and physiology relations to:**

- How to recognise a person is not breathing.
- Chest.
- Response/consciousness.
- Upper airway and effect of positional change.
- Considerations in the provision of first aid for specified conditions.

### **Cost**

Public Course only Course Fees and Payments \$130.00 (ex GST)

### **Payment Terms**

Group booking payment terms are based on an agreement between the client and the service provider.

Training will be conducted on-site or in an agreed location between the client and provider.

### **Course Delivery**

<b>Course Type</b>	<b>Delivery Mode</b>
Full Course New Students	7.5 hours face-to-face training and assessment.
Blended	Completing 2 hour of unsupervised pre-course study and 5.5 hours face to face.
Refresher Course	5.5 hours face-to-face training and assessment.

TRAINING AND ASSESSMENT DELIVERED ON BEHALF OF



Training and assessment delivered on behalf of Allens Training Pty Ltd RTO 90909