



RUNNYMEDE FIRE & SAFETY

FIRE - SAFETY - TRAINING

HLTAID001 Provide Cardiopulmonary Resuscitation

STUDENT INFORMATION

Award issued

- HLTAID001 Provide cardiopulmonary resuscitation

It is recommended this unit be renewed every 12 months in line with industry standards. Locate the most current training package at training.gov.au

Our obligation to you

We are required to provide clear evidence to enable you to decide if this course is suitable for you. This course teaches the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This course is developed for existing workers in the industry who may require CPR training as recommended by the ARC.

There are also specific industries that require additional training such as childcare workers, school teachers, and other industries.

Are there physical requirements for this course?

It is important to note that there are physical standards which relate to the level of performance required when undertaking accredited training. The HLTAID competency standards require a level of physical ability to provide resuscitation and respond to an emergency situation where there may be a risk to life. One requirement of the training package is that you are to be assessed as physically capable of performing uninterrupted CPR for at least 2 minutes on an adult CPR manikin placed on the floor. There can be no exceptions to these Australian Government requirements that are clearly written into the Training Package. Therefore, students who are unable to satisfy the physical requirements of the course cannot be deemed competent or issued with a statement of attainment, even if the qualification is a necessary part of their employment conditions.

ASSESSMENT – THEORY – Multi choice question paper

You will be assessed on:

State/Territory regulations, first aid codes of practice and workplace procedures:

- ARC Guidelines relevant to the provision of CPR.
- Safe work practices to minimise risks and potential hazards.
- Infection control principles and procedures, including the use of standard precautions.
- Requirements for the currency of skills and knowledge.

Legal, workplace and community considerations:

- Awareness of the potential need for stress-management techniques and available support following an emergency situation.
- Duty of care requirements and respectful behaviour towards a casualty.
- Own skill, limitations, consent, privacy and confidentiality requirements.
- Importance of debriefing.

Considerations when providing CPR:

- Airway obstruction due to body position.
- Appropriate duration and cessation of CPR.
- Appropriate use of an AED including chain of survival.
- Standard precautions.

Basic anatomy and physiology:

- Considerations in the provision of first aid for specified conditions.
- Chest.
- How to recognize a person is not breathing normally.
- Response/consciousness.
- Upper airway and effect of positional change.

Cost

Public Course only course \$45.00 (ex GST)

Payment Terms

Group booking payment terms are based on an agreement between the client and the service provider.

Training will be conducted on-site or in an agreed location between the client and provider.

Course Delivery

| Course Type | Delivery Mode |
|--------------------------|------------------------------------------------------------------------------|
| Full Course New Students | 3 hours face-to-face training and assessment. |
| Blended | Completing 1 hour of unsupervised pre-course study and 2 hours face to face. |
| Refresher Course | 2 hours face-to-face training and assessment. |



Training and assessment delivered on behalf of Allens Training Pty Ltd RTO 90909